



## Grow My GRIT Podcast Episode 48: Bewitched by GRIT

Megan Mary shared how her combination of GRIT words reflects her ongoing struggle between ***letting things happen*** and ***making things happen***. Where in your life could you be more invested in making things happen instead of letting things happen?

On the flip side, where in your life could you be more invested in letting things happen instead of making things happen?

How do you define grace? What are some thoughts and actions that you associate with giving grace?

On a scale of 1 (never) to 10 (hourly), how often do you give yourself grace for being imperfect just like every other human on the planet? If you scored less than 2/10, which of your GRIT words could you tap into for the challenge of giving yourself grace?

**Bonus #1 - Is there a sentence or thought you wish you could unhear because it makes you feel as though you could/should change something about your way of being or your way of doing things in the world?**

**Bonus #2 – Did a question you’ve been avoiding come up in this episode? How will you answer the question if you’re ready?**

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